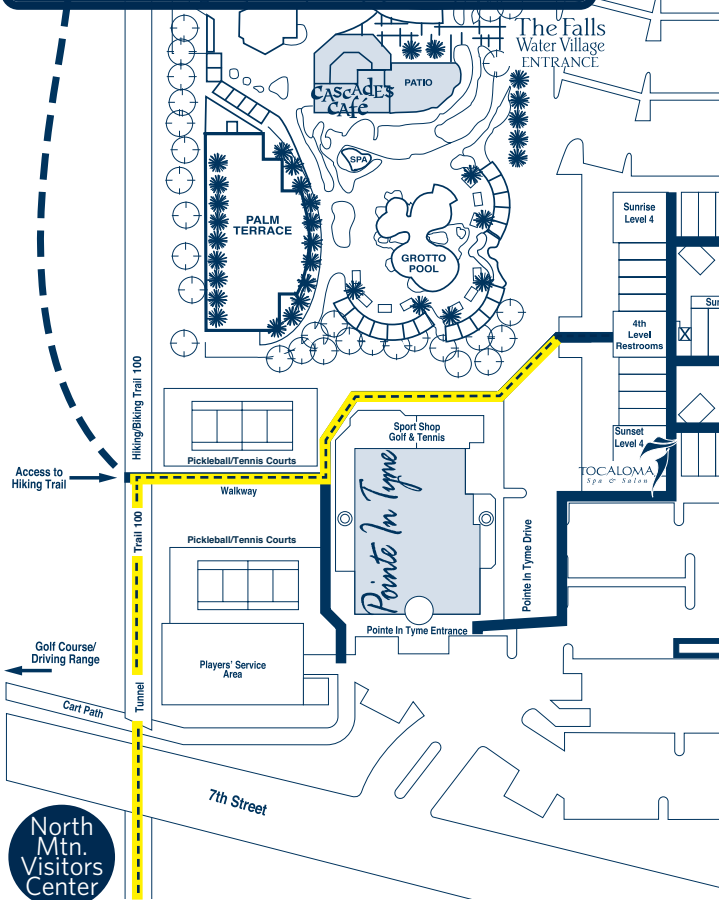


## RESORT



## Take a HIKE. Do it RIGHT.

### ▪ WATCH THE WEATHER

Yes, "it's a dry heat" but Arizona's temperature can be deceiving and deadly. Hike when it's cool outside, try early mornings and evenings when there's more shade.

*Please note: During summer months, trails may be closed due to heat. It is not recommended to hike/bike between the hours of 9am-7pm when it is excessively hot)*

### ▪ BRING WATER

Hydrate before you go. Have plenty of water, more than you think you need. Turn around and head back to the trailhead before you drink half of your water.

### ▪ DRESS APPROPRIATELY

Wear proper shoes, clothing, hat and sunscreen.

### ▪ KEEP IN CONTACT

Carry a mobile phone.

### ▪ TEAM UP

Hike with others. If hiking solo, tell someone your start and end times, and location.

### ▪ BE HONEST

Do you have a medical condition? Asthma, heart problems, diabetes, knee or back problems? Don't push yourself! Even trained athletes have been caught off guard by getting dehydrated on Arizona trails.

### ▪ DON'T TRAILBLAZE

Enjoy the Sonoran Desert's beautiful and undeveloped landscape, but please stay on designated trails.

### ▪ TAKE RESPONSIBILITY

Don't be "that person" - the one who wasn't prepared, shouldn't have been there for health reasons or ignored safety guidelines. Be the responsible hiker, who takes a hike and does it right!



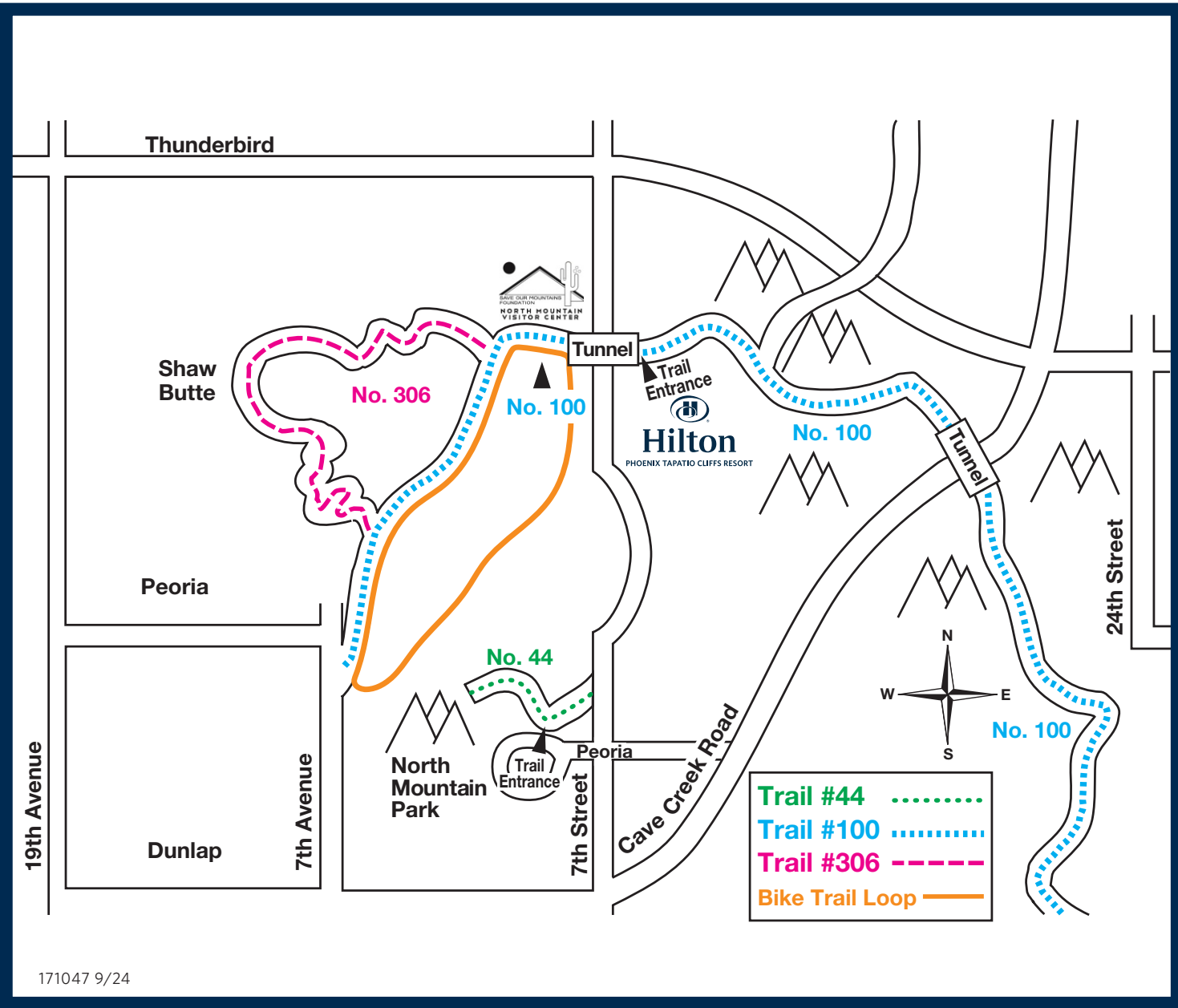
# Hilton

PHOENIX TAPATIO CLIFFS RESORT

## Hiking & Jogging Trail Map



# TRAILS



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HILTON PHOENIX TAPATIO CLIFFS RESORT  
 11111 North 7th Street | Phoenix, AZ 85020  
 Ph: 602-866-7500 | Txt: 480-757-7334  
 tapatiocliffshilton.com | @hiltonphoenixtapatio

- North Mountain National Trail (No. 44)**  
 This challenging trail traverses 1.6 miles through the Mountain Preserve, with elevations ranging from 1,490 to 2,104 ft.  
**Rated:** moderate to difficult  
**To access Trail 44,** drive one mile south on 7th Street to Peoria. Turn right (west) into North Mountain Park and follow the drive to the trail head.
- Charles M. Christiansen Memorial Trail (No. 100)**  
 This scenic extended trail wanders through the entire Phoenix Mountain Preserve west to east. The entire trail covers 10.7 miles and elevations that range from 1,290 to 2,080 ft.  
**Rated:** easy to moderate  
**The entrance to Trail 100** is located at the north end of the property between the tennis/pickleball courts.
- Shaw Butte Trail (No. 306)**  
 Looping around Shaw Butte, a popular launching area for local hang-gliding enthusiasts, this four-mile trail includes elevations of 1,390 to 1,890 ft.  
**Rated:** moderate to difficult  
**Trail 306** can be accessed from Trail 100. The entrance to Trail 100 is located at the north end of the property between the tennis/pickleball courts.

**North Mountain Visitor Center**  
 (located on the west side of 7th Street, adjacent to our resort) Learn about available workshops/classes that offer insights into the Sonoran Desert landscape and its rich history, discover upcoming events and tours that are happening, and talk to the knowledgeable volunteers that can give you tips and valuable reminders on how to hike in the desert safely. Help preserve our mountain parks by hiking only on the designated trails!  
 Ph: 602-343-5125  
 northmountainvisitorcenter.org