Fitness Recharge...



It can be difficult at times for attendees to remain focused during meetings and classroom sessions. Why not take a break and re-energize and refresh with some simple exercises done right from your meeting room chair. Let our staff guide your group to mental and physical well-being as you complete your curriculum for the rest of the day.

In-Meeting Room Group Wellness Breakout 20 minutes | \$350

FOR MORE INFORMATION & TO SCHEDULE, PLEASE CONTACT:

602 375 4645

located at Pointe Hilton Tapatio Cliffs Resort 11111 North 7th Street | Phoenix | 85020

